DR. MOHAMMAD ABDEL QADER M. AL-MA'ANI

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Nursing Assistant Professor

Summary

A credible, effective, and efficient lecturer and instructor with proven expertise in conveying knowledge to learning students. Exceptionally dedicated nursing lecturer with a superb work history in nursing education. Committed to incorporating knowledge from ongoing research to educate students on the best available evidence-based practice. Has a Doctorate, a Master's, a Bachelor's degree in nursing, and +9 years of experience.

Objective

Seeking a challenging career as a nursing lecturer, a nursing instructor, or a nurse that will allow the use of nursing knowledge and experience for the benefit of students, patients (individuals, families, and communities) and organization.

Key Qualifications

- A good and strong communication and interaction skills.
- A thorough knowledge of all mental health nursing subject matters.
- A proven ability in conducting rigorous and accurate research.
- Excellent teaching ability and works well tutoring nursing students.
- Specialized in preparing and delivering lectures, grading papers and exams, and providing meaningful feedback.
- Adept at explaining complex nursing concepts to students from a variety of cultural backgrounds.
- Skilled at assessing individual students strengths and weaknesses and tailoring teaching accordingly.

Education _____

2015 - 2020	Ph.D. in nursing <i>University of Jordan</i> 3.69/4.00 (Excellent)
2010 - 2012	M.Sc. in general nursing <i>Hashemite University</i> 3.77/4.00 (Excellent)
2006 - 2010	B.Sc. in nursing <i>Hashemite University</i> 3.81/4.00 (Excellent)
2005 - 2006	General secondary certificate/ scientific stream <i>Alfarooq Secondary School</i> 70/100
	Experience
09/2023 - Now	 Head of Nursing Department and Assistant Professor <i>Philadelphia University</i> Courses taught: Mental Health - Psychiatric Nursing/ Theory. Nursing Management/ Theory. Therapeutic Communication and Communication Skills. Therapeutic Communication, Communication Skills, and Nursing Ethics.
	 Responsibilities: Chairman of the Accreditation, Quality Control, Oversight, and Inspection Committee in the Faculty of Nursing. Chairman of the Nursing Department Council. Member of the College of Nursing Council. Teaching and assessment. Conducting research, theoretical and applied studies. Community service and development. Supervising students' research, scientific, and social activities and guiding them. Academic Advising. Participation in university councils and committees, and in those in which the university participates.

08/2022 -Lecturer 08/2023

University of Fujairah

Courses taught:

- Therapeutic Communication.
- Medical Terminology.
- Anatomy and Physiology for Nursing 2.
- Anatomy and Physiology for Nursing 1/ Lab.
- Ethical Considerations in Nursing.
- Nursing Informatics.

Responsibilities:

- Deliver, monitor, evaluate, and enhance assigned courses.
- Ensuring that course syllabi are properly designed and updated.
- Proposing curricular modifications toward meeting the department's objectives.
- Ensuring that teaching and learning approaches and measuring instruments are appropriately established.
- Ensuring that course learning outcomes are aligned with the program learning outcomes integrating the National Qualification Framework (NQF).
- Applying appropriate teaching skills and deliver instructional materials clearly— easy to understand both oral and visual presentations.
- Stimulating student's interest in the subject matter and involves everyone in class discussion with clear direction and purpose.
- Giving clear instructions for assignments, lecture activities and exams; and actively helpful when students need assistance, inside and outside the classroom.
- Evaluating student's work in constructive and conscientious manner, give appropriate feedback to assess learning and keep students informed of their academic progress.
- Publishing scientific research per academic year in a refereed journal with impact factor.
- Disseminate research output and related scholarly and innovation works in the national and international conferences.
- Represent UOF in various community engagement activities to advance community relationship.
- Design and deliver community engagement activities such as coaching, tutorial and training programs in the area of nursing.
- Working with the dean to design, establish, implement, monitor, evaluate, and enhance policies, processes, and Key

Performance Indicators (KPIs) of the college/department, in line with UOF's goals and objectives.

• Together with colleagues, implement, assess, and develop curricular programs, administration of research, production of instructional materials, and administration of community engagement programs contributing to achievement of KPIs.

Reason for leaving job: Moving back to Jordan.

11/2020 -Assistant head of nursing department08/2022Emirates Health Services (EHS)Responsibilities:

- Supervising all issues related to psychiatric and mental health nursing at EHS.
- Developing the strategic planning and coordinating all psychiatric and mental health nursing practice in EHS.
- Cooperating and exchanging advice with administrators, colleagues, and health personnel in the field of psychiatric and mental health nursing as needed.
- Participating in developing various psychiatric and mental health nursing programs and curricula.
- Monitoring the use of psychiatric and mental health nursing services to ensure the effective use of these services and to evaluate the need for more nursing personnel and equipment.
- Developing and implementing psychiatric and mental health nursing competency program through training and continuing education.
- Developing and implementing a professional development model for psychiatric and mental health nurses at EHS.
- Studying and analyzing the problems faced by psychiatric and mental health nurses in order to develop appropriate solutions
- Developing a scope of practice for psychiatric nurses and educating all the stakeholders at EHS.
- Ensuring that psychiatric and mental health nurses work within their professional responsibilities based on their job description and scope of practice.
- Manages the psychiatric and mental health nursing services according to the needs of EHS; supported by the nursing knowledge and updated practices.
- Monitors psychiatric and mental health nursing performance in accordance with professional values and ethical principles.
- Monitors nursing performance in line with the EHS policies, procedures and standards.
- Assists the Director of Nursing (DON) in all her duties in regard to psychiatric and mental health nursing.

	 Acts as a liaison between the DON at EHS and psychiatric and mental health nurses. Develop a psychiatric inpatient acuity tool, educate Al Amal hospital's nursing staff how to use this tool, and finally implement it in Al Amal hospital. Review the policy of suicide and/or self-harm risk assessment and management. Participate in Elsevier care planning mental health overview committee. Participate in MOHAP-Cerner 2021 roadmap. Participate in behavioral health solutions committee. Participate in the process of depression screening at "Wareed" health information system. Participate in the team of developing mental health strategy at EHS.
	Reason for leaving job: Moving to Academia.
06/2020 - 08/2020	Part-time lecturer Irbid National University Courses taught: • Psychiatric and mental health nursing (theory).
	 Community health nursing (theory). Leadership and management in nursing (theory). Reason for leaving job: End of semester.
06/2020 - 08/2020	Part-time clinical instructor Irbid National University Course taught: Psychiatric and mental health nursing (clinical).
	Reason for leaving job: End of semester.
07/2019 - 09/2019	Mentor University of Jordan and GIZ
	Course: Community-based psychosocial support training program for In-Service Providers for Syrian Refugees.
	Responsibilities
	 Teacher: This includes modeling behaviors and providing information and guidance as required. Counselor: This involves listening, probing to discover the key issues affecting mentee that enables their development and achieving the main objective of training.

 Coach: Training the mentee to maximize their power and provide guidance and challenge them to think differently.
 Advocator: Supporting mentees to gain more experiences and enhance their self-trust and confidence and celebrate their successes.

Reason for leaving job: End of course.

- 03/2019 Lecturer
- 09/2019 Toledo College

Courses taught

- Fundamentals of Nursing/ Theory.
- Pathophysiology.
- Microbiology.
- Socialization into nursing.
- Community health nursing.

Reason for leaving job: Far from my home.

- 06/2019 Part-time Lecturer
- 08/2019 *Irbid National University* **Courses taught:** Scientific research in nursing.

Reason for leaving job: End of semester and course.

06/2018 - Mentor

09/2018 University of Jordan and GIZ

Course: Community-based psychosocial support training program for In-Service Providers for Syrian Refugees.

Responsibilities

1. Teacher: This includes modeling behaviors and providing information and guidance as required.

2. Counselor: This involves listening, probing to discover the key issues affecting mentee that enables their development and achieving the main objective of training.

3. Coach: Training the mentee to maximize their power and provide guidance and challenge them to think differently.

4. Advocator: Supporting mentees to gain more experiences and enhance their self-trust and confidence and celebrate their successes.

Reason for leaving job: End of course.

05/2018 -	Part-time clinical instructor
08/2018	University of Jordan/ school of nursing/ community health nursing department
	Responsibilities
	 Follow-up of professional and behavioural practices of students. Plan appropriate clinical opportunities for students. Assist students in identifying their learning needs. Plan and apply clinical nursing experiences (hands-on training) with students. Participate in evaluating students' performance in clinical settings. Assist in invigilation of exams. Attend meetings and regular sessions for organizing committees. Hold seminars and pre- and post-conferences for cases in the practice settings. Collaborate with faculty in planning clinical training activities. Any other responsibility assigned by the scope of the university service.
	Courses taught
	 Psychiatric Mental Health Nursing -Clinical.
	Reason for leaving job: End of semester and course.
09/2015 -	Part-time clinical instructor
01/2016	University of Jordan/ school of nursing/ community health nursing department
	Responsibilities
	 Follow-up of professional and behavioral practices of students. Plan appropriate clinical opportunities for students. Assist students in identifying their learning needs. Plan and apply clinical nursing experiences (hands-on training) with students. Participate in evaluating students' performance in clinical settings. Assist in the invigilation of exams. Attend meetings and regular sessions for organizing committees.

• Hold seminars and pre- and post-conferences for cases in the practice settings.

- Collaborate with faculty in planning clinical training activities.
- Any other responsibility assigned by the scope of the university service.

Courses taught

• Psychiatric Mental Health Nursing -Clinical.

Reason for leaving job: End of semester and course.

- 10/2013 Lecturer
- 09/2014

Alhussein Bin Talal University/ school of nursing/ nursing department

Courses taught

- Mental health nursing/ theory (lecturer and course coordinator).
- Mental health nursing/ clinical (lecturer and course coordinator).
- Adult health nursing/clinical.
- Fundamentals of nursing/clinical.
- Disaster nursing.
- Geriatric nursing.

Reason for leaving job: Moving to Kingdom of Saudi Arabia.

09/2010 - Part-time clinical instructor

01/2011

University of Jordan/ school of nursing/ community health nursing department

Responsibilities

- Follow-up of professional and behavioral practices of students.
- Plan appropriate clinical opportunities for students.
- Assist students in identifying their learning needs.
- Plan and apply clinical nursing experiences (hands-on training) with students.
- Participate in evaluating students' performance in clinical settings.
- Assist in invigilation of exams.
- Attend meetings and regular sessions for organizing committees.
- Hold seminars and pre- and post-conferences for cases in the practice settings.
- Collaborate with faculty in planning clinical training activities.
- Any other responsibility assigned by the scope of the university service.

Courses taught

• Psychiatric Mental Health Nursing -Clinical.

Reason for leaving job: End of semester and course.

03/2010 - Part-time teacher

06/2010 The first Zarqa governate/ directorate of education/ Alshamla secondary school

Courses Taught

- Pathophysiology.
- Nutrition.
- Health culture.

Reason for leaving job: End of semester.

Training

2011/2012	Nursing student trainee
	The ideal unit in The National Mental Health Center (Al- Fuheis Hospital)
	MSc/ advanced psychiatric and mental health nursing (3) course
2011/2012	Nursing student trainee
	The ideal unit in The National Mental Health Center (Al- Fuheis Hospital)
	MSc/ advanced psychiatric and mental health nursing (2) course
2010/2011	Nursing student trainee
	The ideal unit in The National Mental Health Center (Al- Fuheis Hospital)
	MSc/ advanced psychiatric and mental health nursing (1) course
2009/2010	Nursing student trainee
	Intensive care unit in Al-Zarqa Governmental Hospital
	BSc/ intensive practicum and professional adaptation course/ 50 shifts (400 hours)
2008/2009	Nursing student trainee
	Al-Zarqa Governmental Hospital
	BSc/ leadership and administration in nursing course

2008/2009	Nursing student trainee
	The National Mental Health Center (Al-Fuheis and Al- Karama hospitals) and The National Center for Rehabilitation of Addicts
	BSc/ psychiatric mental health nursing course
2008/2009	Nursing student trainee
	Al-Zarqa Camp
	BSc/ community health nursing course
2007/2008	Nursing student trainee
	Pediatric department in Al-Zarqa Governmental Hospital and Al-Zarqa MCH
	BSc degree/ pediatric health nursing course
2007/2008	Nursing student trainee
	Obstetrical and Postpartum department in Al-Zarqa
	Governmental Hospital and Al-Zarqa MCH
	BSc/ maternal health nursing course
2006/2007	Nursing student trainee
	Cardiac care unit, intensive care unit and medical and
	surgical floors in Al-Zarqa Governmental Hospital
	BSc/ adult health nursing (2) course
2006/2007	Nursing student trainee
	Medical and surgical floors in Al-Zarqa Governmental
	Hospital and Princess Basma Educational Hospital
	BSc/ adult health nursing (1) course
2006/2007	Nursing student trainee
	Hashemite University/ Faculty of Nursing
	BSc/ (health assessment/lab) course
2006/2007	Nursing student trainee
	Hashemite university/ Faculty of Nursing
	BSc/ (fundamentals of nursing/lab) course

2006/2007	Nursing student trainee
	Hashemite University/ Faculty of Allied Health Sciences BSc/ human physiology course
2005/2006	Nursing student trainee
	Hashemite University/ Faculty of Allied Health Sciences BSc/ anatomy course
2005/2006	Nursing student trainee
	Hashemite University/ Faculty of Science/ Biology Department
	BSc/ biology lab (1) course
	Courses
05/12/2023 -	EBSCO
05/12/2023	Philadelphia University
04/12/2023 -	Turnitin
04/12/2023	Philadelphia University
28/6/2021 -	مهارات المتحدث الرسمي
28/6/2021	MAHARATI Learning Management System
23/6/2021 -	الرفاهية المؤسسية وسعادة الموظفين
23/6/2021	MAHARATI Learning Management System
23/6/2021 -	ارشادات المساعدة النفسية للطاقم الطبي والموظفين في
23/6/2021	خط الدفاع الاول أثناء جائحة كوفيد - 19
	MAHARATI Learning Management System
23/6/2021 -	Coping emotionally with the COVID-19 Crisis
23/6/2021	MAHARATI Learning Management System
23/6/2021 -	How to provide counseling for staff in isolation due to the
23/6/2021	COVID-19 MAHARATI Learning Management System
20/6/2021 -	Introduction to Innovation
20/6/2021	MAHARATI Learning Management System

17/6/2021 - 17/6/2021	Introduction to UAE Ministry of Health and Prevention MAHARATI Learning Management System
17/4/2021 - 17/4/2021	Introduction to Knowledge Management MAHARATI Learning Management System
12/12/2019 - 12/12/2019	Basic Life Support (BLS) Provider American Heart Association (AHA) and King Hussein Cancer Center (KHCC)
23/12/2017 - 23/12/2017	Protecting Human Research Participants The National Institutes of Health (NIH) Office of Extramural Research
18/1/2012 - 4/2/2012	Training of trainers <i>We Are Jordan</i>
18/1/2012 - 19/1/2012	Basics in quality management <i>Talal Abu Ghazaleh Knowledge Society</i> 8 hours
14/1/2012 - 17/1/2012	Training and empowerment (time management - communication skills - body language) <i>We Are Jordan</i>
14/1/2012 - 17/1/2012	Public Liberties and expression of opinions <i>We Are Jordan</i>
19/6/2011	Medical Terminology <i>Students Union of University of Jordan</i> 3 hours
14/6/2011 - 16/6/2011	Drug Awareness <i>Students Union of University of Jordan (UJ)</i> 8 hours
14/6/2011	Ergonomics and corrrect posture <i>Students Union of University of Jordan (UJ)</i> 3 hours

12/6/2011 - 13/6/2011	Injection <i>Students Union of University of Jordan (UJ)</i> 8 hours
8/6/2011 - 9/6/2011	Motivation techniques <i>Students Union of University of Jordan</i> 6 hours
7/6/2011	Massage <i>Students Union of University of Jordan</i> 8 hours
5/6/2011 - 6/6/2011	Stress Management <i>Students Union of University of Jordan (UJ)</i> 6 hours
18/10/2010 - 22/10/2010	Drug enforcement agents Jordan Anti-Narcotics Dept
25/7/2010 - 5/8/2010	Microsoft Desktop Optimization <i>Umniah Mobile Company - Microsoft Jordan</i> 25 hours
14/6/2010 - 30/7/2010	TOEFL <i>Center of Consultations/ University of Jordan</i> 70 hours
29/6/2010 - 30/6/2010	Basics in Communication Skills <i>Talal Abu Ghazaleh Knowledge Society</i> 8 hours
23/6/2010 - 24/6/2010	Infection control and waste management The National Institute of Specialized Nursing in the Jordan Nurses and Midwives Council 15 hours

20/6/2010 - 22/6/2010	Triage The National Institute of Specialized Nursing in the Jordan Nurses and Midwives Council 15 hours
5/6/2010	Basic life support The National Institute of Specialized Nursing in the Jordan Nurses and Midwives Council 5 hours
12/5/2010 - 13/5/2010	Basics in CV Writing and Job Interview <i>Talal Abu Ghazaleh Knowledge Society</i> 8 hours
30/3/2010 - 8/4/2010	Principles of translation and language repertoire building The Hashemite University / Career Guidance Office- King Abdullah 2 Fund for Development (KAFD) in cooperation with Abu-Gazaleh Translation, Distribution and Publishing 10 hours
7/3/2010 - 14/4/2010	International Computer Driving License (ICDL) <i>Center of Studies, Consultation and Community Service in</i> <i>Hashemite University</i> 80 hours
27/2/2010 - 3/3/2010	Advanced cardiac life support for nurses The National Institute of Specialized Nursing in the Jordan Nurses and Midwives Council 25 hours
23/2/2010 - 25/2/2010	Basic and advanced ECG interpretation The National Institute of Specialized Nursing in the Jordan Nurses and Midwives Council 15 hours
2010	Work ethics <i>Injaz</i>

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Exams

- The National Exam for the English Language: 77/100
- TOEFL ITP: 500/600
- ICDL: Passed

Publications

Alzaatreh, M., Al-Maraira, O., Abu Tabar, N., Alsadi, M., Khrais, H., Abunab, H., Kasasbeh, K., Almaani, M., & Khalil, M. (2021). Integrating evidence-based interventions in clinical settings in Jordan: a policy brief. *F1000research, 10*(933). https://doi.org/10.12688/f1000research.54362.1

Al-Ma'ani, M. A. Q. M., and Hamdan-Mansour, A. M. (2020). The Effect of Contact-Based Interventions on the Attitudes and Behaviors of Nursing Students towards People with Mental Illness: A Literature Review. *Open Journal of Nursing*, *10*(3), 260-276. https://doi.org/10.4236/ojn.2020.103018

Al-ma'ani, M.A., & Al-ma'ani, M.M. (2014). Does vitamin D have an effect in patients with depression? *Middle East Journal of Psychiatry and Alzheimers, 5*(2), 3-5. https://doi.org/10.5742/MEJPA.2014.92519

Al-Ma'ani, M. A. Q. M., Hamaideh, S.H., & Hamdan-Mansour, A. M. (2022). The Effect of Contact-Based Intervention on the Attitudes and Intended Behaviors of Nursing Students in Jordan toward People with Mental Illness: A Quasi-Experimental study. *Health Science Reports, e954,* 1-8. https://doi.org/10.1002/hsr2.954

Harb, E. M., Puskar, K. R., Al Ma'ani, M. A., Harazneh, L., Abdelraheem, E. G., Abobaker, R. M., ... & Hamdan-Mansour, A. M. (2022). Clinical Simulation for Psychiatric Nursing Students: A Systematic Review. *Azerbaijan Medical Journal, 62(10),* 5519-5533.

Dalky, H. F., Alnajar, M., Dalky, A. A. F., Mahmoud, N., Al-Ma'ani, M., Mosleh, S., & Hamdan-Mansour, A. M. (2023). Social cognitive elements of mental illness stigma among healthcare professionals currently working in general hospitals: A crosssectional study from Jordan. *Nursing Open*, *10*(10), 6980-6988.

Kawafha, M., Al-Maghaireh, D., Al-Ma'ani, M., Al Saqer, K., Shawish, N., Aldalaeen, M., Al kofahi, A., Abdulla, K. (2024). Nomophobia, Stress, Depression, and Social Loneliness among Jordanian School Students Who Use Smartphones. Submitted for Publication.

Al-Maghaireh, D., Basyouni, N., Al Saqer, K., Kawafha, M., Al-Ma'ani, M., Hamadeh, L., Sheyab, H., Al kofahi, A.(2024). The Effect of an Emotional Support Training Program on Weight Self-Stigma and Body Image among Women with Polycystic Ovarian Syndrome. Submitted for Publication.

Alhamory, S., Khalaf, I., Alshraideh, J., Abu Sumaqa, Y, Rayan, A., Kawafha, M., Al Maghaireh, D., Jakalat, S., Abu-abbas, M., Al-Ma'ani, M, Aldalaeen, M. (2024). Determinants of Disaster Competencies among Jordanian Nurses in Public Hospitals. Submitted for Publication.

	Conferences		
24/2/2018	Last Hope Summit <i>Life in My Days</i>		
19/4/2017	Nursing forum entitled "The role of nurses in developing, evaluating and implementing health policies" <i>School of Nursing in University of Jordan</i>		
1/11/2010 - 2/11/2010	Pain Management Conference <i>King Hussein Cancer Center</i>		
28/4/2010 - 29/4/2010	The Jordanian Conference for Nutrition University of Petra and Arab Center for Nutrition		
Professional Affiliations			
11/2022 - Now	Reviewer Health Science Reports (HSR)		
7/2020 - Now	Reviewer Open Journal of Nursing (OJN)		
4/2020 - Now	Reviewer British Medical Journal (BMJ) Open		

10/2022 - 10/2024	Basic Life Support Provider
10/2021	American Heart Assoication (AHA)
20/12/2014 - 31/12/2015	Assistant specialist in the area of general nursing Jordan Nurses and Midwives Council
28/4/2012 - Now	Certified Trainer <i>We Are Jordan</i>
2/2/2010 - Now	Registered Nurse Jordanian Ministry of Health
5/12/2019 - 31/12/2020	General nurse in the area of general nursing Jordan Nurses and Midwives Council
	Awards and Honors
2012	The 2nd rank among graduates of MSc - psychiatric mental health nursing track
	Hashemite University
2012	The 3rd rank among graduates of MSc - general nursing <i>Hashemite University</i>
2009	The 1st rank among graduates Hashemite University
2010	The 8th rank among graduates of the tweleve batch <i>Hashemite University</i>
2008	Placed in the Honorary List of School of Nursing Hashemite University
2003/2004	The 1st rank in the literary essay contest The First Zarqa Directorate
2001/2002	The 1st rank in the literary essay contest The First Zarqa Directorate
1997/1998	The 1st rank in the reading contest The First Zarqa Directorate

A certificate of appreciation for contribution to the school activity *Al-Manahel School*

Skills	
Technology	Teaching and Learning
Advanced	Advanced
Presentation and lecturing	Research
Advanced	Excellent
Statistical analysis	Editing and Proofreading
Excellent	Advanced
Communication	
Advanced	
Com	puter Skills
Microsoft Office	SPSS
Advanced	Excellent
EndNote	NVivo
Excellent	Very good
L	anguages
Arabic	English
Proficient	Advanced
]	nterests

- Reading and writing research papers.
- Attending and participating in conferences, workshops, seminars, presentations and open days.
- Lecturing, teaching and learning.
- Psychiatric mental health nursing.
- Editing and proofreading.
- Voluntary work.

• Prof. Ayman Hamdan-Mansour, PhD, RN

Community Health Nursing Department

School of Nursing

University of Jordan

- Tel: 00962796383002
 - Prof. Mariam Kawafha, PhD, RN

Dean

School of Nursing

Philadelphia University

Tel: 00962775219954

• Dr. Sami Al-Rawashdeh, PhD, RN

Department of Community and Mental Health Nursing

School of Nursing

Hashemite University

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